

How to keep your child safe online

53% of 3-4 year olds now use a mobile device to access the internet for nearly 8 hours per week

Dear Parent/Carer,

Jersey's Government is working to ensure that Jersey remains a safe place to live our lives and do business online.

Keeping children safe online starts in the home. We recognise that this can be a daunting task for parents, especially when our children generally know more about the digital world than we do.

This leaflet has been designed by digital and education experts, from across the government, to help parents keep their children safe online.

Useful links

The links below will support you, as a parent, to maintain a safe online environment in your home.



Talk to your children about staying safe online. It's important that they know and feel that they can speak to you if they're unsure about anything they see online.



Use **safety tools** on social networks and other online services



Use **parental controls** on your home internet and devices



Make sure that your children keep to **age restrictions** on websites and games



Try to ensure that your child isn't using the internet **unsupervised**

parentzone.org.uk/advice/parent-guides

This page looks at parental and privacy controls for many commonly-used apps and online tools and how easy it is for children to access the services.

childnet.com/parents-and-carers/need-help

This page guides you through the process of reporting concerns or risks.

childnet.com/resources/how-to-restrict-in-app-purchases-1

This page helps you to understand how to restrict in-app purchases.

commonsensemedia.org/

This website has the largest, most-trusted library of independent age-based and educational ratings and reviews for movies, games, apps, TV shows, websites, books, and music.

bbc.com/ownit

This BBC page is aimed at 9-12 year olds – useful for parents to share with their children.

nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety

The NSPCC gives advice and practical help about keeping children safe online.

blog.google/technology/families/helping-parents-have-tech-talk-their-kids

This page gives Google Tips to help parents to talk "tech" with their child.

childline.org.uk

Be aware of "cyber-bullying" - Childline offer plenty of advice and support.

